



DEEPENING THE USE OF SELF

The Development of the Whole-Person Leadership

May 13 through May 16, 2010

Basic Principle

We believe that a system, whether an individual, a group or an organization has the potential and the desire to become whole and balanced. To make a difference in our work and our lives, we need to first help ourselves and then others become whole by raising awareness, staying in the present moment, engaging in experiences, gaining access to a full range of choices and reaching for growth.

Overview

This term called “use of self” has been thrown around for a long time in the modern work world, with many meanings. An intervener’s challenge is to decide when and how much of him/herself to bring inside, outside or at the boundary when working with his/her clients. In the West, many people are raised to compartmentalize themselves so that parts of themselves go to work and other parts of themselves stay home. When we say “using self as an instrument,” which parts of ourselves are we talking about? What are the consequences for the choices we make?

At the core of every piece of work, lies the person that we are. We arrived on this planet as whole beings, vulnerable, energetic and curious. Somewhere along the way, we learned to spin off fragments of ourselves in order to survive and succeed in this world. There is a voice inside of ourselves calling out to us, longing for those missing fragments. Someday, this voice is loud enough that we no longer can turn a deaf ear. It is our natural self calling us to come home. We the interveners need to reclaim the alienated parts of ourselves so that we can be whole. By being whole, we can help our clients, including individuals, groups and the organization, become whole and fully functioning.

To achieve self-integration requires us to be personally vulnerable and flexible, and able to communicate our experiences of ourselves and the environment. This in turn requires us to create a balance between self-support and environmental support.

Workshop Intent

The intent of this workshop is to help the participants:

- sample a few concepts, models and theories about “self”
- acknowledge and call to their attention to the existence of their alienated parts of self
- practice intervention skills by using “themselves”
- move toward their self-integration
- reach the next level of their personal and professional growth

Workshop Outcome

At the end of the workshop, the participants will have:

- gained a keener sense of awareness of themselves and their environment in assisting them to see the choices they have
- increased their self-discovery and enhanced their self-expression
- reclaimed the alienated parts of themselves
- increased their ability to use their full self in the work they do
- become bigger than the tools and techniques they carry

Who should attend?

This workshop is designed for executives, managers, coaches and consultants who strive to use “themselves” in their work to help organizations “change”. Anyone seeking personal and professional growth and transformation so that they can be more effective at work and in life will benefit from this workshop.

The intent of this workshop was very consistent with my own journey of personal growth: becoming more intimate with the alienated parts of myself. Through the unique models presented, the practicum experiences, and the personal growth structure, I came away with a solid and specific plan of action to integrate more of my shadow-self. Finding our “way home”, back to ourselves is a crucial journey. This workshop provided me with an even clearer map to take the next steps along the path of integration. Thank you.

*Chris R. Bamford, Director of Human Resources
Americhem, Inc.*



WORKSHOP LEADER: CELIA YOUNG

“Having been raised in a collective culture in Asia, I never had to examine the concept of self, until I entered an individualistic culture like the U.S. For over 30 years, I have grown from losing myself and feeling homeless to finding myself and coming home to myself.”

Celia Young & Associates, Inc. is in the business of providing consulting and coaching services for the purpose of restoring integrity in the leaders, teams and organizations. www.celiayoungandassociates.com

Since 1986, Ms. Young and her associates have helped their clients develop vision and strategies and implement “change” in their businesses worldwide. They coach and develop globally competent and multiculturally versatile leaders on the individual and group basis in order to help mold a new organization that is open to and capable of fully utilizing the “diversity” of its people. Such an organization is well positioned to respond to the needs of its customers internally and externally, in the U.S. and in the world. Their client industries include Telecommunication, Banking/Finance, Healthcare, Utilities, Oil Products, Personal Care, Pharmaceuticals, Print Media, Real Estate and Government Agencies.

Ms. Young is a faculty member of the Gestalt Institute of Cleveland, Organization Systems & Development Program.

Ms. Young holds a Bachelor of Arts degree in Business Administration from Fu-Jen University in Taiwan, a Master of Business Administration degree in Marketing from Michigan State University and a Master of Arts degree in Counseling Psychology from Pepperdine University.

Workshop Co-leader

We will draw from a group of senior associates to co-lead this life-changing workshop.

Workshop Dates

May 13 through May 16, 2010

Starting at 1:00PM on Thursday and Ending at 12:00 PM on Sunday.

Workshop Location: Southern California (to be determined)

Workshop Fee: \$1,495.00 + \$150 (Registration Fee)

Registration

Please fill out the following registration form and make a check in the amount of \$1,645, payable to Celia Young & Associates, Inc. Submit by mail to:

Celia Young & Associates, Inc.
63 Via Pico Plaza, #235
San Clemente, CA 92672

***EARLY BIRD SPECIAL: \$1,350 + \$150 (REGISTRATION FEE)
(FULL PAYMENT RECEIVED BY FEBRUARY 13, 2010)***

Cancellation Policy

You have until **April 13, 2010** to send in your cancellation notice in order to get a full tuition refund. After that, there will be no refund or no credit for future workshops.

This workshop was very impactful for me personally and professionally. First, it was a very good and important follow up to the original workshop that introduced basic principles of Gestalt. The workshop leaders, Celia and Herb, along with the participants, created a safe atmosphere that enabled me to do some very important restorative work that will directly contribute to greater effectiveness as I work with clients and as I live my life. Celia and Herb are incredibly skilled at helping individuals and groups reach new intrapersonal depths while ensuring that personal boundaries are maintained. I walked away from the workshop more clear on some work that I need to do for my own health. I also learned some teaching models that I will apply to myself and my clients

*Duane Wade
Duane L. Wade & Associates, Inc.*

**DEEPENING THE USE OF SELF WORKSHOP
REGISTRATION FORM
May 13 through May 16, 2010**

Name: _____ **Title:** _____

Company Name: _____

Mailing Address: _____

Telephone: _____ **Fax:** _____

E-mail: _____

Referred by: _____

Learning Goal:

Payment Choices:

	1) Early Bird (By February 13)	2) Full Amount (After February 13)
Registration Fee	\$ 150.00	\$ 150.00
Workshop Fee	1,350.00	1,495.00
Total Amount	\$1,500.00	\$1,645.00

**Please send registration form and your check to: Celia Young & Associates, Inc. at
63 Via Pico Plaza, #235, San Clemente, CA 92672**