



HOW TO USE YOURSELF TO HAVE A BETTER IMPACT AND INFLUENCE IN THE WORK YOU DO

Rooted in Eastern Philosophy and Gestalt Theory

February 24 through February 28, 2010

“As Americanized as I am, after living in this country for more than 30 years, I continue to feel like an alien for my roots are still in Asia, ... until I entered the world of Gestalt. Practicing Gestalt has helped me come home.”

Celia Young, Workshop Leader

What is Gestalt? The German word *gestalt* means “a complete pattern or configuration.” A gestalt is a perceived whole. **Gestalt theory** is based on perceptual psychology, holism, and field and systems theory. At the root of **Gestalt** is the **Eastern Philosophy** which studies and reflects the whole and natural order of the universe. In order to see the “whole,” we need to be interested in seeing what is here and what is not here; what is in the foreground and what is in the background; what is sitting in the light and what is sitting the shadow.

Basic Principle

We believe that a system, whether an individual, a group or an organization has the potential and the desire to become whole and balanced.

Overview

In this modern world we live in, we spend our most energetic hours in a day at work. Regardless of what we do, most of us want to make a difference. Our success often depends on our ability to impact and influence our environment effectively. An intervener’s job is to help systems see the whole picture and become whole by raising awareness, staying in the present moment, engaging in experiences, gaining access to a full range of choices and reaching for growth. **This workshop is designed to help participants increase their effectiveness at work by helping them become whole and to better use themselves as an instrument.**

Workshop Intent

The intent of this workshop is to help the participants:

- sample a few fundamental principles of Gestalt through a philosophical lens from the East
- increase their awareness of self and others in relationship to having a better impact in the work they do
- take a new step toward their personal and professional growth

Workshop Outcome

At the end of the workshop, the participants will have:

- gained a keener sense of awareness of themselves and their environment in assisting them to see the choices they have
- become more of who they are as a human being
- expanded their ability to make clearer and more effective interventions in the work they do
- learned to stop getting in the way of their natural process of work by trusting their own and their clients' experience
- become bigger than the tools and techniques they carry

Most importantly, in addition to learning something new, the participants will have magnified who they are, what they already know and do, in a more succinct manner.

Who should attend?

This workshop is designed for executives, managers, coaches and consultants who are working in organizations toward “change”. Anyone interested in learning about themselves and others, and about working more effectively in organizations will benefit from this workshop.

“The workshop was a life changing experience for me. With the help of the incredible leaders and participants, a sacred space was created for both personal and professional growths. The principles of Gestalt gave a framework to consulting that is missing from other OD theories. With Gestalt you can become a more acute observer to the dynamics of a situation resulting in greater clarity and precision to your interventions. The design of the workshop effectively balanced theory and practice through use of practicum. This created space for experimenting with new learning in a safe environment.. I learned so much about myself and how I show up with clients in those five days. I just wished I could have been exposed to this work years ago! Thank you for an unforgettable experience and I look forward to participating in future workshops.”

*Anna Dennis
OD Consultant, Wachovia Corporation*

WORKSHOP LEADER: CELIA YOUNG

Celia Young, president of Celia Young & Associates, Inc. has been a faculty member of the Gestalt Institute of Cleveland, Organization Systems & Development Program since 1998. www.gestaltcleveland.org



Celia Young & Associates, Inc. is in the business of providing consulting and coaching services for the development of effective leaders, teams and organizations.
www.celiayoungandassociates.com

Since 1986, Ms. Young and her associates have helped their clients develop vision and strategies and implement “change” in their businesses worldwide. They coach and develop globally competent and multiculturally versatile leaders on the individual and group basis in order to help mold a new organization that is open to and capable of fully utilizing the “diversity” of its people. Such an organization is well positioned to respond to the needs of its customers internally and externally, in the U.S. and in the world. Their client industries include Telecommunication, Banking/Finance, Healthcare, Utilities, Oil Products, Personal Care, Pharmaceuticals, Print Media, Real Estate and Government Agencies.

Ms. Young holds a Bachelor of Arts degree in Business Administration from Fu-Jen University in Taiwan, a MBA in Marketing from Michigan State University and a Master of Arts degree in Counseling Psychology from Pepperdine University.

Workshop Co-leader

Deborah Ranier, an independent organization development consultant and executive coach, specializes in strategic organization and leadership change. She has over 20 years of working experience in several SVP/VP Human Resources roles in various business sectors.

Ms. Ranier has a BA in Philosophy from USC, a JD from University of San Diego School of Law and a Master of Science Degree in Organization Development from Pepperdine University. She is also a graduate of the Gestalt Institute of Cleveland, OSD/Becoming A Better Intervener (BBI) Program.

Workshop Dates

February 24 through February 28, 2010

Starting at 1:00PM on Wednesday and Ending at 12:00 PM on Sunday.

Workshop Location: South Orange County, California (to be determined)

Workshop Fee: \$1,995.00 + \$150 Registration Fee

Registration

Please fill out the following registration form and make a check in the amount of \$2,145, payable to Celia Young & Associates, Inc. Submit by mail to:

Celia Young & Associates, Inc.
63 Via Pico Plaza, #235
San Clemente, CA 92672

***Early Bird Special: \$1,795 + \$150 (Registration Fee)
Full Payment Received by November 24, 2009***

Cancellation Policy

You have until **January 24, 2010** to send in your cancellation notice in order to get a full tuition refund. There will be no full/partial refund or credit for future workshops afterwards.

“Briefly, I'd like to say that you have positively impacted my ability as an intervener by sharpening my "use of self as instrument". This week I worked with a newly formed group, guiding them through a new group formation process. They developed a deep level of trust in each other and built capacity as a team. This serves as the foundation of their relationship as they work together over the next two years. The skills and capacity you helped build in me in turn helped me better build capacity in them. Thank you for bringing yourself and your work to the West Coast!”

*Laura Hauser
President, Leadership Strategies International*

**GESTALT INTRODUCTION WORKSHOP
REGISTRATION FORM
February 24 through February 28, 2010**

Name: _____ **Title:** _____

Company Name: _____

Mailing Address: _____

Telephone: _____ **Fax:** _____

E-mail: _____

Referred by: _____

Learning Goal:

Payment Choices:

	1) Early Bird (By November 24)	2) Full Amount (After November 24)
Registration Fee	\$ 150.00	\$ 150.00
Workshop Fee	1,795.00	1,995.00
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Total Amount	\$1,945.00	\$2,145.00

**Please send registration form and your check to: Celia Young & Associates, Inc. at
63 Via Pico Plaza, #235, San Clemente, CA 92672**